

One Club, One Team, One Dream

8 September 2017

A Message from the President

Doug Schantz - President, Saline FC

Dear Saline FC Families.

Welcome to the fall soccer season on behalf of Saline FC's Board of Directors and Staff! We're eager to get the season going for our youngest players, the Mini Kickers, all the way through to High School rec and travel teams. Once again, I'm coaching a U8 Girls rec team this season and can't wait for our first game!

This season marks the beginning of my 20th year with Saline Soccer. Since I started (as a rec coach), we have evolved from all of rec league playing in Mill Pond Park. coaches holding practices in our backyards and a few parent-coached travel teams, to a club with 26 travel teams, a paid coaching and administrative staff and great practice and game facilities, just to name a few things.

At the same time, a lot of things about our club have stayed the same. We remain committed to the community, we're all about player development and love of the game in a safe environment and we continue to thrive through a combination of spirit, generosity and hard work, all in the name of providing soccer opportunities for the children and youth of our area.



Saline Recreational Center

rates to Saline FC families!

Individual: \$196 Family: \$379

734-429-3502 or visit website

A Message from the President, continued...

In the name of good soccer citizenship, some other things to remember for our outdoor season:

- **Be safe.** Don't allow young players to cross roads and parking lots unattended, know the rules about evacuating the fields for lightning, and understand the concussion guidelines. Make sure you are there for prompt pickup and if you're leaving the field, make sure everyone's got a ride and no one is left by themselves. We care about all of our 800 Saline FC players and don't want them to get hurt!
- Don't be "that soccer parent." We're here solely for a safe, fun and developmental experience for our children...don't let the spirit of the game get away from you. In our rec league, winning is merely interesting in this context and only a tie score is encouraged. As a community-based program, the coaches and referees (those who receive the brunt of criticism) are our neighbors and their children. Whether it's Rec or Travel, players, coaches and parents must demonstrate, without exception, good sportsmanship at all times.
- Be good guests on our fields and practice facilities. Saline Schools and York Township allow us the use of their fields and we're fortunate to have such nice and plentiful facilities. I am embarrassed for our club when players and their families leave garbage on the field for someone else to pick up or when they choose to park on the grass; please don't do either. Please note that this year, we are asking families not to bring dogs to games or practices.



CONGRATS!

These Saline FC 01 Sting players made their high school soccer teams:

Saline JV:

Xander C Clayton J Jamie K Connor M Yanic S

Saline Varsity:
Drew D



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CONGRATS!

These Saline FC 03 Sting players made their high school soccer teams:

Saline Freshman: C.J. F, Jason H, Bryson J, Aidan M, Jack P, Grayson S, Ritom S, Anthony T, Joe W, Logan Y

Father Gabriel Richard JV: Leo S

Milan JV: Sam M



Goalkeeper Training:

Saline FC goalkeeper training is open to all current travel goalkeepers and any other Saline FC travel players interested in the position. Our new goalkeeper coach, Spencer Ward, will focus on the following topics essential to effectively play such a unique position:

Shot Stopping * Positioning * Footwork * Handling of Crosses * Distribution

Dates & Times:

Wednesdays, Aug 30 - Nov 1

5:00 – 6:00 PM for players born in 2010/2009

6:00 – 7:00 PM for payers born in 2006/2005

Thursdays, Aug 31 - Nov 2

5:30 – 6:30 PM for players born in 2008/2007

6:30 – 7:30 PM for players born 2004 or earlier

Location

<u>Campus Parkway Fields</u> (click for field map) 1367 Industrial Drive, Saline, MI 48176

- *** Players do NOT need to register, just come at assigned practice time
- ** FREE for travel players (already included in registration fee)
- ** 06 & 07 Sting Black, and 08 Sting Gold: please contact team manager for alternatives

A Message from the President, cont.

- Watch out for bullying. We have had some unfortunate incidents of bullying among team members in the recent past, some of which has resulted in children leaving our club. Saline FC has developed a policy on bullying that has been shared with staff and coaches; families will receive this as well. We ask the entire Saline FC community to help our club continually stand for inclusiveness and fun for our players.
- Be thankful for our volunteers, they keep the club running. In addition to their day jobs, our volunteer coaches, Board members, set-up and take-down helpers, team managers and parents give up their time to provide coaching and structure (finances, equipment purchase and maintenance, field maintenance, fundraising, league interactions, team placement...and the list goes on) for our teams so that Saline FC will run smoothly.
- **Volunteer.** Saline FC is continually in need of people who are willing to help run our program in a variety of positions; we always need volunteers to be coaches, team parents and folks to help out with plenty of other activities, including our board of directors. If you're interested, please contact me directly at president@salinesoccer.org.



SKILLS SESSIONS:

Saline FC is proud to offer Skills Sessions again this season. Technical classes help refine various aspects of soccer skills. Each Friday during the outdoor season we hold a finishing (shooting) class, and a technical class. The goalkeeper sessions will be held on Wednesdays and Thursdays. Each of these focus on details to refine the associated skills, but combine at the end to practice with live reps of shooting, technical skills and goalkeeping.

Costs are \$15 per class, with a discount to \$10 per session if you register for the full set of classes. Goalkeeping sessions are free for Travel players as they are included in the Saline FC registration fees.



TO REGISTER

Finishing Class:

Scoring is the single hardest thing to do in the game of soccer. The Saline FC finishing class will help build players' confidence, composure, and technique in front of net by focusing on the following topics:

Shooting with Laces * Volleys * Anticipation * Finishing from Crosses * Body Positioning



Fridays, September 8 - October 27

5:00 – 6:00 PM for all travel players and rec players U8 and older

Campus Parkway Fields



Technical Class:

Ball control is essential to achieving success on the soccer field. The Saline FC technical will improve players' technical ability and awareness by focusing on following topics:

First Touch/Trapping * Turning * Fakes & Feints * Passing & Receiving * Passing Accuracy

Dates & Times:

Fridays, September 8 - October 27

6:00 – 7:00 PM for all travel players and rec players U8 and older

Campus Parkway Fields

Saline FC Welcomes New Coaches!

Saline FC is excited to welcome six new coaches to the organization this year! This week, we'd like to introduce two of the awesome coaches joining us this season: Nicole and Sam.



Nicole Myint

08 Swarm Gold, 06 Swarm Gold

Nicole was born and raised in Ann Arbor, MI and grew up playing for a boys premier team from age 10-13. She then pursued Ann Arbor Arsenal Travel from age 13-18. Nicole played 4 years varsity at Pioneer High School and graduating in 2000. She accepted a Soccer Scholarship to Concordia University, and then later transferred to the University of Michigan. She still plays soccer with men's and coed teams and is one to teach girls that competing with boys is no different than girls. She was a professional soccer trainer before coaching at the Michigan Tigers for two years. Nicole holds an E license certificate.



Samantha Kersey

02 Swarm Gold

Samantha was born and raised in Clinton, MI. She began playing soccer at the age of 4. Samantha played competitively for Michigan Rush and earned a 4-year varsity starter award for Clinton High School. She continued competitively for Tiffin University. Prior to joining Saline FC, Samantha coached for the Clinton youth soccer program, additionally volunteering for Clinton youth soccer camps from 2010-2016. Samantha served as assistant coach for Clinton High School varsity women's soccer team from 2013-2016.



Welcome to the Saline FC Family!



REMINDER REC FAMILIES:

Soccer start times will be delayed on 9/23/2017 due to road closures for the RunTough race

WIN 2 TICKETS TO



VS



2017 Football Game

REGISTER FOR RUNTOUGH BY 9/15

to be entered into a drawing for 2 tickets to THE game!



Family-Friendly • 5K & 1M Fun Run

Saturday, \$\september 223, 22017 2

Saline High School Football Stadium 8:30am Opening Ceremony*** 9:00am Race Start



Rallying to Cure Pediatric Brain Cancer

www.chadtough.org/run

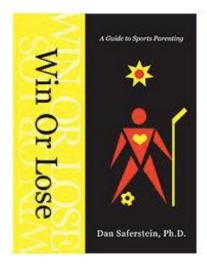
Summer Sports Reading with Dan Saferstein, Ph.D

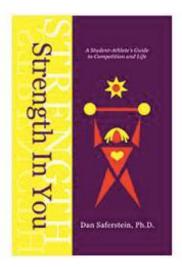
THE MISSION: To promote a developmental emphasis in youth sports where student-athletes learn to compete confidently in an environment where personal and athletic growth are supported by coaches, parents, and administrators.

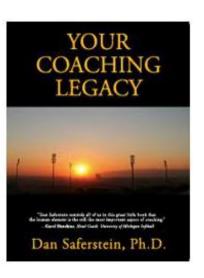
THE SUPPORT: Dr. Dan's book have received support from USA Hockey, USA Gymnastics, US Youth Soccer, US Club Soccer, National Council of Youth Sports, YMCA, Positive Coaching Alliance, Character Counts, AAU, Michigan High School Athletic Association, and countless clubs, schools, and state associations.

THE AUTHOR: **Dan Saferstein, Ph.D** is a licensed psychologist in Ann Arbor, Michigan. He has consulted with high school, college, Olympic, and professional athletes in his private practice. He is the team psychologist for the USA Hockey's National Team Development Program.









Mehsite.

www.dansaferstein.com



A FINAL THOUGHT

From Doug Schantz - President, Saline FC

"It's not about us parents, it's about our children. We're here for them to enjoy themselves, to feel like a part of a team and to learn about soccer. I've shown you this in prior editions of *Sidelines;* my favorite dose of perspective comes from <u>Coach Bruce Brownlee</u> in "The 6 Things Parents Should Say to Their Youth Soccer Players":

Before the Match:

- I love you!
- Good luck!
- Have fun!

After the Match:

- I love you!
- It was great to see you play!
- What would you like to eat?

Have a great season!"

Doug Schantz, President, Saline FC

Building a legacy, one player at a time One Club, One Team, One Dream

